



## BODYTALK CASE STUDY

### HEALING PANCREATITIS IN A NATURAL WAY

## CLIENT

Galina L  
Rostov Region, Russia  
65 years old  
Retired

## HEALTH CHALLENGE

Digestive Disorder – Pancreatitis  
Weight loss  
Very low energy level  
Severe head-aches for over 25 years

## OUTCOMES

Digestive Disorder – **resolved**  
Weight loss - **resolved**  
Very low energy level - **resolved**  
Head-aches – **significantly reduced in intensity and duration**

## THE COURSE OF TREATMENT

### PRESENTING COMPLAINTS

A Client, Galina, presented with a case of a digestive disorder, after being diagnosed with pancreatitis and under the medical care for four months. Although medication helped at one point, her pancreatitis would flair up every time she got stressed. When she decided to try BodyTalk, she was only eating dry bread and tea for two months. Any other food would result in pain, vomiting and diarrhea. Galina's body weight reduced from her normal 61kg to 57kg. She was very low on energy to the point where it was difficult for her to walk. Local doctor insisted that her tests did not look too bad and there was no reason to hospitalize her. Since she lives in a remote area, it was difficult for her to get a second medical opinion or seek help elsewhere. This on-going issue made her feel hopeless about any prospects for improving her state of health.

### BODYTALK TREATMENT

In the very first BodyTalk session, the healing priority highlighted by the body was about communication between client's Stomach and Liver. It seemed that the Body was taxed by toxins, due to client's many years of working in construction industry, dealing with building materials, paint, etc. Apart from that the body highlighted emotions of hopelessness, endurance and seeing life as a struggle. The tapping technique we used at the end of the session helped the body to restore body's natural chemistry, release toxins, improve the function of stomach and liver, as well as balance the emotions.

We have conducted **5 BodyTalk sessions**, initially once a week and subsequently once a month.

## SESSION OUTCOMES

Galina's condition improved considerably after the very first session. Her pain reduced and diarrhea and vomiting stopped. Subsequent sessions helped to stabilize her digestive function. She added different foods to her diet, returned to her normal body weight and energy level. Her head-aches reduced in intensity and frequency. Galina is now able to travel and help her daughter's family by taking care of her baby-granddaughter.

*Galina says: 'Thank you so much for helping me. Everyone I know can tell how much my health has improved. They are so happy to see that I'm feeling so much better. I'm very grateful for your sessions.'*